

EQUITY HANDBOOK

UNIVERSITY OF TORONTO MISSISSAUGA STUDENTS' UNION



INTRODUCTION

The University of Toronto Mississauga Students' Union (UTMSU) represents over 14,000 part-time and full-time students at the University of Toronto Mississauga campus. We fight for students' rights, provide cost-saving services, programs and events, and lobby the University and government for students' needs. We are fundamentally committed to the principle of equity and building an inclusive environment for all students.

This handbook was created by the UTMSU with marginalized undergraduate students in mind. It is a guide to connect students to resources, both on and off-campus, that can help them foster a community, deal with equity-related issues, and improve their university experience at large. That being said, this is by no means an exhaustive list. For questions relating to racialized student issues, email racialized@utmsu.ca. For general inquiries and finding more resources that suit your individual needs, email vpequity@utmsu.ca.

This list includes cultural campus groups as a resource for students to engage with other members of their community. That being said, clubs are not an emergency contact or a place to file claims of harassment. In the case of an emergency, call 911 or campus police at (905) 828-5200. To file a complaint of harassment, contact the Equity, Diversity, and Inclusion Office (EDIO).



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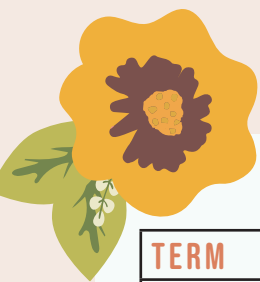
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● Campus Group

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● External Resource





EQUITY DEFINITIONS

TERM	DEFINITION
Ableism	<ul style="list-style-type: none"> Ableism is the discrimination and/or social prejudice against those who have disabilities or are perceived to have disabilities. Ableism defines individuals based on their disabilities in which case they are often made to feel inferior in comparison to their non-disabled peers (Oxford Reference, 2020). Often architectural design doesn't consider the diverse accessibility and/or mobility needs of people with disabilities. However, these restrictions are not merely inconveniences, but rather physical markers of a built environment that has historically contributed to the marginalization of people with disabilities (Andersen, 2018).
Ageism	<ul style="list-style-type: none"> Ageism is a type of discrimination that involves prejudice against people based on their age. Similar to racism and sexism, ageism involves holding negative stereotypes about people of different ages. The term, ageism, can be applied to any type of age-based discrimination, whether it involves prejudice against children, teenagers, adults, or senior citizens. (Institute on Aging, 2014). An example of ageism may be younger adults may have difficulty finding jobs and receive lower pay due to their perceived lack of experience, while older adults may have problems achieving promotions, finding new work, and changing careers. (Institute on Aging, 2014)
Anti-racism	<ul style="list-style-type: none"> Anti-racism is the active process of identifying and eliminating racism by changing systems, organizational structures, attitudes, policies and practices so that power can be redistributed and shared equitably (Diversify Your Narrative, 2020). Anti-racism can be demonstrated in many ways. This might look like calling out racism when you see it promoting anti-racist ideas to help change racist policies. Anti-racism can also be demonstrated through redistributing leadership roles more equitably and/or giving bipoc members meaningful opportunities to take on leadership roles.
Anti-semitism	<ul style="list-style-type: none"> Anti-semitism is the irrational fear, hatred, and/or hostile prejudice towards Judaism and those who identify as or are perceived to be Jewish. Anti-semitism can be expressed in speech, writing, visual forms and action, and employs sinister stereotypes and negative traits about Judaism and those of Jewish faith (ADL, 2020). Examples of anti-semitism may take the form of teachings that proclaim the inferiority of Jews, or political efforts to isolate, oppress, or otherwise injure those of Jewish faith. It may also include prejudiced or stereotyped views about Jewish individuals.
Colourism	<ul style="list-style-type: none"> Colorism can be defined as the prejudice and/or discrimination within a racial or ethnic group in which case individuals with lighter skin are favoured over those with darker skin. This discrimination based on the colour of one's skin is often a prevailing issue within people belonging to the same ethnic and/or racial group in that it upholds the white standards of beauty and benefits white people in the institutions of oppression (media, medical world, etc.) (Culpepper, 2000; NCCJ, 2020). Examples of colorism is in the 19th and 20th centuries, the "paper bag test" was often utilized in black spaces and in the hiring of black people. If someone was the same colour as or lighter than a paper bag, they would be allowed into the space considered for hire. If they were any darker than a paper bag, they would not. (National Conference for Community and Justice, 2020).
Cultural Appreciation vs Appropriation	<ul style="list-style-type: none"> Cultural Appreciation is when someone seeks to learn about and/or improve upon their understanding of another culture to broaden their perspective and connect with others cross-culturally. Whereas Cultural Appropriation is simply taking one aspect of a culture that is not your own and using it for your own personal interest (Greenheart, 2016). Wearing henna for a summer music festival can quickly turn into cultural appropriation. But wearing henna to your Indian friend's wedding may be a sign of cultural appreciation and respect.

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Eco-Anxiety	<ul style="list-style-type: none"> Eco-anxiety is a feeling of worry, nervousness or unease triggered by the fear of environmental damage or ecological disaster based on the current and predicted future state of the environment and human-induced climate change.
Environmental Racism	<ul style="list-style-type: none"> Environmental Racism refers to the ways that waste, pollution and the ongoing climate crisis disproportionately impact Black people, Indigenous peoples and other people of colour. This is well demonstrated through the institutional rules, regulations and policies that deliberately target racialized communities for undesirable land uses (e.g., toxic waste facilities). Consequently, this results in increased exposure to pollutants, increased public health risk and adverse health outcomes within racialized communities (PlasticTides, 2020). An example of this is Africville, a small, yet vibrant, Black community in Halifax, Nova Scotia, was deprived of basic services such as access to clean water and waste management. Moreover, the development of an infectious disease hospital, a prison and a garbage dump within this small community added to the deplorable living conditions imposed by the City (Shellyj.eco,2020).
Equity vs Equality	<ul style="list-style-type: none"> Although both equity and equality promote fairness, equality achieves this through treating everyone the same regardless of their varying needs, while equity achieves this through recognizing that everyone has their own unique needs and ensures that such individuals have access to specialized sources and tools to accommodate their unique needs. Equity is not providing someone with less but simply providing more to those who need it, which is proportionate to their own circumstances, in order to ensure that everyone has access to the same opportunities (Daisy, 2019).
Anti-semitism	<ul style="list-style-type: none"> Anti-semitism is the irrational fear, hatred, and/or hostile prejudice towards Judaism and those who identify as or are perceived to be Jewish. Anti-semitism can be expressed in speech, writing, visual forms and action, and employs sinister stereotypes and negative traits about Judaism and those of Jewish faith (ADL, 2020). Anti-semitism may take the form of religious teachings that proclaim the inferiority of Jews, for instance, or political efforts to isolate, oppress, or otherwise injure those of Jewish faith. It may also include prejudiced or stereotyped views about Jewish individuals (ADL, 2020).
Feminism vs Misandry	<ul style="list-style-type: none"> Feminism can be defined as the sociopolitical movement which aims to establish and achieve the political, economic, personal and social equality of the sexes (Merriam Webster, 2020). However, feminism is often misconstrued as Misandry; which can be defined as the dislike of, contempt for and/or hatred of men (Sreerama, 2020).
Heteronormativity	<ul style="list-style-type: none"> Heteronormativity is the cultural bias in favor of opposite sex/gender relationships, to that of same-sex/gender relationships. Because opposite sex/gender relationships are viewed as "normal" and same-sex/gender relationships are not, non-heterosexual relationships are subject to a heteronormative bias (Rainbow Resource Centre, 2012). Heteronormativity can look like the under representation of same sex/gender couples in advertising and entertainment media, religious biases to not marry same-sex/gender couples and/or heterosexual persons freely discussing their intimate relationships without second guessing if it is socially acceptable or safe to disclose their partner's name, gender or pronoun (he/she) (Rainbow Resource Centre, 2012)..
Heterosexism	<ul style="list-style-type: none"> Heterosexism is the assumption that heterosexuality is the default for one's sexual orientation; also known as Heterocentrism. The idea that heterosexuality is the social and/or cultural norm is often based on the prejudiced belief that heterosexuals are socially and/or culturally superior in comparison to non-heterosexual individuals (Rainbow Resource Centre, 2012).



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Homophobia	<ul style="list-style-type: none"> Homophobia encompasses a range of negative attitudes, feelings and actions towards those who identify or are perceived to be lesbian, gay, bisexual, transgender and/or queer. This irrational fear towards non-heterosexual individuals is often demonstrated through observable hostile behaviour such as violence, antipathy and/or discrimination on the basis of sexual orientations that are non-heterosexual (Adams, et. al., 2007; Renzetti, et. al., 2008).
Internalized Racism	<ul style="list-style-type: none"> Internalized Racism as a phenomenon is a direct product of a racial classification system, and is found across different racial groups and regions around the world where race exists as a social construct. Internalized racism is often observed when a racial group oppressed by racism supports the supremacy and dominance of the dominant group by maintaining or participating in the set of attitudes, behaviours, social structures and ideologies that secure the dominating group's power and privilege and limits the oppressed group's own advantages. Consequently, this gives rise to patterns of thought, feelings and behaviours that result in discriminating, minimizing, criticizing, finding fault, invalidating, and hating oneself while simultaneously valuing the dominant culture (Lawrence, 2004; Taking Action Against Racism in the Media, 2016; Pyke, 2010)
Interpersonal or Individual Racism	<ul style="list-style-type: none"> Interpersonal or Individual Racism lies within individuals as a direct result of internalized racism. These are private manifestations of racism that reside inside an individual which translates to the interactions that one has with other people (Lawrence, et. al, 2004). Interpersonal/Individual racism can look like racial microaggressions; communicating negative and/or derogatory biases toward a member of a marginalized group as well as overt forms of racism and/or bigotry (DiversifyYourNarrative, 2020). Challenging this can be practiced by calling out racism when you see it. The innate resistance and defensiveness to conversations about bigotry don't mean that you should never talk about racism, sexism, homophobia, or other kinds of hate. But those conversations may have to be held more tactfully — positioning people into a more receptive position to hear what these problems are all about. (Lopez, 2016)
Intersectionality	<ul style="list-style-type: none"> Intersectionality is the interconnected nature of various social identities, such as race, gender, sexuality, and class, regarded as creating overlapping and interdependent systems of discrimination or disadvantage in society (Alemán, 2020).
Institutional Racism	<ul style="list-style-type: none"> Institutional racism is well-defined by the policies and practices within and across institutions that, intentionally or not, produce outcomes that chronically favour or put a racial group at a disadvantage. Systemic racism often enables Institutional racism to occur, as the existence of broader systems of power allow racist institutions to create laws and practices that provide differential access to goods, services and opportunities of society based on race (Diversifyournarrative, 2020). An example if this is banks failing to give out loans to people of colour, as well as restrictive covenants that prevent property or housing to be sold to people of colour.
Islamophobia	<ul style="list-style-type: none"> Islamophobia is the irrational fear, hatred, and/or prejudice towards the Islamic religion and those who practice Islam. This irrational aversion towards Islam and/or Muslims is rooted in racism and often attributed towards the political, cultural and/or religious beliefs associated with the Islamic religion (Gallup, 2020). Islamophobia is unfortunately often demonstrated through harmful speech or actions against Muslims or those perceived to be Muslim. For instance, back in 2006, there was an incident at Hart House, U of T where a UTM student wearing a hijab was followed, verbally abused and assaulted for wearing religious clothing (David Naylor. n.d.).



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Microaggressions	<ul style="list-style-type: none"> Microaggressions are remarks, questions, or actions that are painful because they have to do with a person's membership in a group that's discriminated against or subject to stereotypes. And a key part of what makes them so disconcerting is that they happen casually, frequently, and often without any harm intended, in everyday life. (Desmond-Harris, 2015). An Asian-American student is complimented by a professor for speaking perfect English, but it's actually their first language. A black man notices that a white woman flinches and clutches her bag as she sees him in the elevator she's about to enter, and is painfully reminded of racial stereotypes. A woman speaks up in an important meeting, but she can barely get a word in without being interrupted by her male colleagues. (Desmond-Harris, 2015).
Misogyny	<ul style="list-style-type: none"> Misogyny can be defined as the hatred, dislike, ingrained and/or institutional prejudice, mistreatment and/or mistrust of women. This can often be manifested in various forms of emotional and physical intimidation and abuse (Kramarae, et. al., 2001). Misogyny can be demonstrated in many ways. Including social exclusion, discrimination against women on the basis of their sex, hostility, patriarchy, male privilege, sexual objectification, bilitting and/or disenfranchisement of women (Kramarae, et. al., 2001).
Misogynoir	<ul style="list-style-type: none"> Misogynoir is misogyny directed towards black women where race and gender both play roles in bias. The term coined by queer black feminist Moya Bailey to address misogyny directed toward black women in American visual and popular culture (VERVE Team, 2018). Misogynoir can look like the erasure of black women's contributions in media and/or the hyper-masculinization of black women by the media; as observed with how the media has portrayed Serena Williams, for example (The Guardian, 2015).
Sexism	<ul style="list-style-type: none"> Sexism is the manifestation of historically unequal power relations between men and women; which leads to discrimination and hinders the advancement of women in society. Sexism can be demonstrated through offensive expression (e.g., action, gesture, image, practice, word or behavior) based on the notion that an individual or group of people, most often women, are inferior because of their sex (Council of Europe, 2020; Calderwood, et. al., 2019).
Structural or Systemic Racism	<ul style="list-style-type: none"> Systemic Racism is a combination of systems, institutions and factors that advantage white people and for people of color, cause widespread harm and disadvantages in terms of access and opportunity. One person or even one group of people did not create systemic racism, rather it: (1) is grounded in the history of our laws and institutions which were created on a foundation of white supremacy; (2) exists in the institutions and policies that advantage white people and disadvantage people of color; and (3) takes places in interpersonal communication and behavior (e.g., slurs, bullying) that maintains and supports systemic inequities and racism (ADL, 2020). The economic system of capitalism enables exploitation. Given the vulnerable status of bipoc communities, corporations are able to easily exploit these populations and perpetuate poverty AND/OR the social systems upheld in schools assist in creating the school-to-prison pipeline, in which bipoc students are increasingly wrongfully criminalized (ADL, 2020).
Transphobia	<ul style="list-style-type: none"> Transphobia encompasses a range of negative attitudes, feelings and actions towards those who identify or are perceived to be transgender. Transphobia can include fear, aversion, hatred, violence, anger and/or discomfort felt or expressed towards individuals who do not conform to social gender expectations. Transphobia is often considered an aspect of homophobia as transphobia is often expressed alongside homophobic views (Code, 2000; Chrisler, & McCreary, (n.d.)).



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Tokenism	<ul style="list-style-type: none"> This is the practice of making a symbolic effort and/or pretending to give advantage to those groups in society who are often treated unfairly, in order to give the appearance of fairness (Cambridge Dictionary, 2020). An example of tokenism is recruiting a small number of people from underrepresented groups in order to give the appearance of sexual or racial equality within a workforce (Cambridge Dictionary, 2020).
White Fragility	<ul style="list-style-type: none"> White Fragility is a state in which even a minimum amount of racial stress becomes intolerable, triggering a range of defensive moves. These moves include the outward display of emotions such as anger, fear, and guilt, and behaviors such as argumentation, silence, and leaving the stress-inducing situation. These behaviors, in turn, function to reinstate white racial equilibrium (Lopez 2016).
White Supremacy	<ul style="list-style-type: none"> As a full-fledged ideology, White supremacy is far more encompassing than simple racism or bigotry. White supremacy is an historically based, institutionally perpetuated system of exploitation and oppression of continents, nations and peoples of colour by white people for the purpose of maintaining and defending a system of wealth, power and privilege (Catalyst Project, 2017).
Xenophobia	<ul style="list-style-type: none"> Xenophobia is the irrational fear and/or hatred of that which is perceived to be "strange" or "foreign." This is fear and/or hatred is often directed towards those who differ culturally from oneself (e.g., fearing a person who speaks a different language than oneself) (Dictionary, 2020). An example of Xenophobia is the irrational fear of things and/or individuals perceived to be "strange" and/or "foreign" is well-demonstrated by America's anti-immigration views. This is evidenced by the U.S Immigration and Customs Enforcement (ICE) inhumane, unjust and cruel treatment inflicted on many south American individuals in Border Patrol Custody (ADL, 2020).

EDUCATIONAL RESOURCES

The following list of educational resources is not exhaustive. They are recommendations made by the UTMSU, intended to enhance awareness on marginalized issues. That being said, if students wish to access educational resources beyond this list, it is recommended they use the UofT library site. They can log in using their UTORid login for free books, documentaries, scholarly articles, and more.

Recommended Films and Books from previous UTMSU publications.

From Anti-Black Racism Statement June, 2020:

Educational tv-series/movies/documentaries such as:

- When They See Us
- 13th
- The death and Life of Marsha P. Johnson
- LA 92 (Rodney King documentary)
- The Negro Soldier (WWII)
- Who Killed Malcolm X
- Against All Odds: The Fights for a Black Middle Class
- When Silence Becomes Betrayal (MLK documentary)

From National Indigenous People Day Statement June, 2020:

Books to read:

- 21 Things You May Not Know About the Indian Act By Bob Joseph
- From the Ashes By Jesse Thistle
- The Right to Be Cold By Sheila Watt-Cloutier
- Seven Fallen Feathers By Tanya Talaga

Films to watch:

- Invasion
- We Were Children
- Kanehsatake 270 Years of Resistance
- Foster Child
- Our People Will Be Healed
- Trick or Treaty
- Nîpawistamâsowin: We Will Stand Up to the top



RESOURCES FOR ALL

RESOURCE	DESCRIPTION	CONTACT INFORMATION
The UTM Students' Union (UTMSU)	The UTMSU provides students with a full range of programs, services, and resources in order to improve the quality of the undergraduate educational experience. Issues pertaining to equity can be brought to the UTMSU's attention.	<p>Location: The UTM Student Centre, Room 100.</p> <p>Contact:</p> <ul style="list-style-type: none"> Vice President Equity, vpequity@utmsu.ca Racialized Students' Coordinator, racialized@utmsu.ca <p>Website:</p> <ul style="list-style-type: none"> utmsu.ca
The UTMSU Food Centre	The UTMSU Food Centre provides food assistance to all UTM students who are food insecure. It provides perishable/canned food, produce, and fresh food to all members. The membership process is simple and does not involve any qualification tests or financial checks.	<p>Location: University of Toronto Mississauga Campus, William Davis Building, Room 2102.</p> <p>Contact:</p> <ul style="list-style-type: none"> Food Centre Coordinator, food@utmsu.ca <p>Website:</p> <ul style="list-style-type: none"> utmsu.ca
Equity, Diversity, and Inclusion Office (EDIO)	The EDIO provides consultation on policy matters, public education workshops and professional development seminars to build community awareness and inclusivity within the UTM community. They organize equity-related events, programs, and forums on topics important to the campus community. Additionally, the department responds to concerns, resolves conflicts, and manages complaints of discrimination and harassment.	<p>Location: University of Toronto Mississauga Campus, William Davis Building, Room 3094G.</p> <p>Contact:</p> <ul style="list-style-type: none"> Nythalah Baker Director, Equity, Diversity & Inclusion nythalah.baker@utoronto.ca Martina Douglas Program Coordinator martina.douglas@utoronto.ca
Anti-Racism & Cultural Diversity Office (ARCDO, tri-campus)	The ARCDO is mandated to provide support to students, staff, and faculty across the three UofT campuses. The Office engages collaboratively with stakeholders on campus to enable the university's academic mission through the integration of its commitment to equity, diversity and inclusivity. Its four main pillars are educational programming, complaint resolution support, strategic initiatives, and community outreach, and engagement.	<p>Location: Health Sciences Building, 155 College Street Room 356, Toronto</p> <p>Contact:</p> <ul style="list-style-type: none"> General Inquiries, antiracism@utoronto.ca 416-978-1259 <p>Website:</p> <ul style="list-style-type: none"> antiracism.utoronto.ca

RESOURCES FOR ALL

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Health and Counselling Centre (HCC)	The HCC provides personal counselling, including same-day appointments, group counselling, workshops, primary medical care, nutrition advising as well as a variety of other health and wellness resources. All counsellors are trained in cultural competency and using an anti-oppressive framework.	<p>Location: University of Toronto Mississauga Campus, William Davis Building, Room 1123A.</p> <p>Contact:</p> <ul style="list-style-type: none"> General Inquiries, health.utm@utoronto.ca 905-828-5255 <p>Website:</p> <ul style="list-style-type: none"> utm.utoronto.ca/health/health-counselling-centre
Social Justice Club	The Social Justice Club focuses on current issues and helping causes that relate to people today. Their goal is to start with local issues and eventually move up to more global issues.	<p>Contact:</p> <ul style="list-style-type: none"> General Inquiries socialjustice@utmsu.ca
The Sexual Education Centre (SEC)	The SEC is a student-run organization whose goal is to provide UTM students with education and resources on healthy sexuality, as well as support students as they discover a variety of issues pertaining to their bodies and sexuality. SEC provides its services by using a non-judgemental and objective approach and touches on diverse issues related to human sexuality. It welcomes all backgrounds and sexualities.	<p>Location: The UTM Student Centre, Room 150.</p> <p>Contact:</p> <ul style="list-style-type: none"> General Inquiries socialjustice@utmsu.ca <p>Website:</p> <ul style="list-style-type: none"> utmsec.weebly.com/
Community Safety Office	Offers short-term support and assistance to students, staff, and faculty members of the University of Toronto community who have experienced personal safety concerns including: <ul style="list-style-type: none"> Stalking and Harassment Bullying and Intimidation Threats Intimate Partner Violence Family Violence Workplace Conflict and Volatile Behaviour 	<p>Contact:</p> <ul style="list-style-type: none"> General Inquiries cso@utoronto.ca <p>Website:</p> <ul style="list-style-type: none"> communitysafety.utoronto.ca

ASIAN STUDENT RESOURCES

Resources in this section are specific to students who are of Asian descent.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Canadian Asian Student Society (CASS)	CASS is one of the largest Asian post-secondary social networks in Ontario whose main focus is to enrich student life by balancing aspects of academic achievement as well as enhancing students' social atmosphere.	Contact: • cass@utmsu.ca

Resources in this section are specific to students who are of East Asian descent.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Chinese Music Club	UTM Chinese Music Club was formed in 2017, focusing on the Chinese community with some music based events.	Contact: • cmc@utmsu.ca
University of Toronto Mississauga Chinese Students and Scholars Association (UTMCSSA)	UTMCSSA is one of the oldest and largest Chinese student associations on the Mississauga Campus. As a student association registered in the education office of the Consulate-General of the People's Republic of China in Toronto, UTMCSA is dedicated to helping Chinese students of the University of Toronto in developing a comfortable environment for learning, working, socializing and entertaining.	Contact: • cssa@utmsu.ca
Chinese Undergraduate Association at the University of Toronto Mississauga (CUAUTM)	CUAUTM is a club with no political associations. Their aim is to provide help and advice to their members for better suited lives on campus. They organize a variety of events for their members to enrich their university experiences. This is not only tailored to students with Mainland China background, but also to students with Taiwan, Macao, Hong Kong and other nationalities.	Contact: • cua@utmsu.ca
ROCSAUT (Republic of China Student Association at University of Toronto)	The purpose of this club is to foster a sense of community among Taiwanese and Asian students at the University of Toronto. ROCSAUT aims to provide a platform for students who are interested in the Taiwanese culture to engage in events and activities that will enrich students' university experience.	Contact: • rocsaut@utmsu.ca
UofT at Mississauga Mandarin International-Student Christian Fellowship	The goals of this club are to establish a homely atmosphere by committing to support one another in a community of fellowship all while introducing the salvation of God and actively promote evangelistic work on campus.	Contact: • utmmicf@utmsu.ca
Erindale Hong Kong Students' Association	They provide benefits and resources to students. They work to assist members in networking, meeting friends, and getting involved in university life; all through enriching the public with Chinese culture.	Contact: • ehksa@utmsu.ca

ASIAN STUDENT RESOURCES

Resources in this section are specific to students who are of East Asian descent.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Students for a Free Tibet	Students for a Free Tibet - UTM works in solidarity with the Tibetan people in their struggle for cultural preservation, freedom, and independence. This chapter at UTM aims to inspire and enable people, especially youth, to create a just and equitable world, free of oppression, in which there is respect for the earth and all living things.	Contact: • sft@utmsu.ca
UTM Vietnamese Student Association	UTM VSA is a place where Vietnamese and non-Vietnamese students alike can come together to celebrate Vietnam's rich and vibrant culture. They have various activities planned for the school year including social nights, food outings, and cultural festivals. Lastly, UTM VSA is always looking for ways to give back to the Vietnamese community through philanthropic work, community involvement, and volunteer work.	Contact: • vsa@utmsu.ca

Resources in this section are specific to students who are of South Asian descent.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Erindale Punjabi Association	EPA represents the Punjabi student population across UTM. They actively strive to promote the Punjabi culture; represent the Punjabi student community, and organize a range of social and cultural events throughout the year.	Contact: • epa@utmsu.ca
Hindu Student Council	The purpose of the club is to provide a platform for students of diverse backgrounds to explore the Hindu heritage. It entails the aim of fostering awareness and providing opportunities within the community campus and beyond, revolving around the idea of the Hindu culture.	Contact: • hsc@utmsu.ca
Pakistan Student Association	The PSA's mission is to empower youth and promote the Pakistani culture across GTA while raising cultural and social awareness to the Pakistani community on campus.	Contact: • pakistan@utmsu.ca
Tamil Students' Association	The UTM Tamil Students' Association aims to serve as an outlet for Tamil culture by actively promoting Tamil culture both within and beyond the UTM community through a variety of events.	Contact: • tamil@utmsu.ca
Abuse Never Becomes Us (ANBU)	ANBU aims to provide holistic support and identify different modalities to promote healing and empowerment with survivors of childhood sexual abuse and build capacity within the Tamil community to raise awareness and open dialogue on childhood sexual abuse.	Contact: • 647-365-5095 or 289-801-2628 Website: • anbu.ca

ASIAN STUDENT RESOURCES

Resources in this section are specific to students who are of South-East Asian descent.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Indonesian Student Association at University of Toronto (ISA UTM)	ISA UTM is a cultural and social club. Our purpose is to create a place for Indonesian and those interested or have previously lived in Indonesia to gather and communicate and inform the wider UTM population about the Indonesian culture. This will be accomplished through social events such as networking nights and game nights, and cultural events such as batik day and food events.	Contact: • isa@utmsu.ca
Erindale Singaporean Malaysian Student Association (SMSA)	The goal of the SMSA is to create a home away from home for fellow Singapore and Malaysian students at UTM. They aim to create an atmosphere that would remind them of home by organizing festive events as celebrated back in their own country. They also aim to provide an environment for bonding and for Singapore and Malaysian students to connect with people from their home country.	Contact: • esms@utmsu.ca
UTM Filipino Student Association	UTM FSA is a social and cultural club that aims to foster greater appreciation and awareness for Filipino culture, and to represent the UTM's Filipino community at large.	Contact: • utmfsa@utmsu.ca

BLACK STUDENT RESOURCES

Resources in this section are specific to students who are Black.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
African Community Services	Community based organization providing settlement and integration services and programs to facilitate early settlement of newcomers to Peel and the surrounding areas.	Contact: <ul style="list-style-type: none"> 905-460-9514 info@africancommunityservices.com
University of Toronto Mississauga African Students Association (UTM ASA)	The African Student Association on campus that creates events and opportunities for individuals in the African diaspora to be a part of during their university years. The group focuses on ways to build black excellence on campus while also delivering fun activity nights to destress from the responsibilities of being a student.	Contact: <ul style="list-style-type: none"> african@utmsu.ca
University of Toronto Mississauga (UTM) Black Literature Club	The purpose of the UTM Black Literature Club is to give students the opportunity to enrich themselves with black literature. To read accounts and stories written by black authors, historic figures, activists, etc. Not only will students be given the opportunity to immerse themselves in the black narrative, they will be given the opportunity to discuss the importance, cultural significance and history of black literature, black art, black issues and the black community as a whole.	Contact: <ul style="list-style-type: none"> blacklc@utmsu.ca
University of Toronto Mississauga Black Students Association	The University of Toronto Mississauga Black Students Association creates an environment for black students to come together as a community, support one another academically and socially, and engage with the broader UTM student body.	Contact: <ul style="list-style-type: none"> black@utmsu.ca

CARIBBEAN STUDENT RESOURCES

Resources in this section are specific to students of Caribbean descent.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Caribbean Connections UTM (CC)	Caribbean Connections UTM is a club that celebrates Caribbean culture and provides a home away from home for students coming from the West Indies. CC is a well-rounded, vibrant club that hosts everything from study sessions to pub nights.	Contact: • caribbean.connections@utmsu.ca
Caribbean African Canadian Social Services (CAFCAN)	CAFCAN is a registered charitable organization whose primary focus is on building and strengthening the service framework for African and Caribbean Canadian children, youth and families through culturally safe individual and group counselling supports, case management services, employment services, youth mentorship, and youth outreach programs.	Location: • 995 Arrow Rd., Toronto, ON, M9M 2Z5 Contact: • info@cafcan.org • 416-740-1056 or 416-746-5772 Website: • www.cafcansocialservices.org
Caribbean Canadian Catholic Centre - Soup Kitchen	The Caribbean Canadian Catholic Centre operates a soup kitchen under the Daily Bread Food Bank. As well as counselling with marriage, pastoral and family problems, information and referral on education, employment, cultural activities, friendly visiting, and the Sister Kathleen Jackman scholarship award program.	Location: • 867 College St., Toronto, ON, M6H 1A1 Contact: • olgc@rogers.com • 416-534-1145

FAMILY CARE RESOURCES

Resources in this section are specific to student parents.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
University of Toronto Family Care Office	The Family Care Office provides confidential guidance, resources, referrals, educational programming and advocacy for the University of Toronto community and their families. We raise awareness of family care issues central to the achievement of education and employment equity at the University of Toronto.	Contact: <ul style="list-style-type: none"> family.care@utoronto.ca 416-978-0951 Website: <ul style="list-style-type: none"> familycare.utoronto.ca
UTMSU Child Care Bursaries	The UTMSU Childcare Bursary is designed to assist full-time, part-time and graduate students, who have children that need child care or assistance in order to attend a post-secondary education. In addition, applicants will have proven they are in financial need.	Contact: <ul style="list-style-type: none"> bursary@utmsu.ca Website: <ul style="list-style-type: none"> utmsu.ca
Early Learning Centre	The Early Learning Centre provides a safe, secure, supportive and stimulating environment where children are free to grow to their potential. There are three sites to the Centre and the UTM location is located at the Leacock Lane Residence. The centre endeavours to provide an environment that emphasizes developmentally appropriate learning in an anti-bias setting.	Contact: <ul style="list-style-type: none"> teresa.alves.silva@utoronto.ca 905-569-4422 Website: <ul style="list-style-type: none"> elc.utoronto.ca
Family Services of Peel	Family Services of Peel was established in 1971 as a non-profit, registered charitable organization to provide family and community support services for the people of Peel.	Contact: <ul style="list-style-type: none"> fsp@fspeel.org 905-270-2250 Website: <ul style="list-style-type: none"> fspeel.org
Family Transition Place	FTP primarily provides services to women and children who have experienced abuse.	24 Hour Support/Info Line: <ul style="list-style-type: none"> 519-941-HELP (4357) 905-584-HELP (4357) 1-800-265-9178 Text: 519-278-5410 Email: support@familytransitionplace.ca
Salvation Army - Honeychurch Family Life Resource Centre	Emergency shelter for abused women and children, accommodates 18 families on a temporary basis.	Contact: <ul style="list-style-type: none"> Phone Number: 905-451-4115 Crisis: 905-451-4115 Fax: 905-451-1383 Email: help@flrc.ca

FOOD RESOURCES

Resources in this section are specific to those who face food insecurity or need food assistance.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
The UTMSU Food Centre	The UTMSU Food Centre provides food assistance to all UTM students who are food insecure. It provides perishable/canned food, produce, and fresh food to all members. The membership process is simple and does not involve any qualification tests or financial checks.	<p>Location: University of Toronto Mississauga Campus, William Davis Building, Room 2102.</p> <p>Contact: <ul style="list-style-type: none"> Food Centre Coordinator, food@utmsu.ca </p> <p>Website: <ul style="list-style-type: none"> utmsu.ca </p>
Food Program in Peel Region Guide	The Peel Food Map is a resource directory that provides information about food programs across Peel Region.	<p>Website: <ul style="list-style-type: none"> peelregion.ca/planning-maps/foodprograms/foodprograms.html </p>
The Good Food Box - Food Share Toronto	The Good Food Box is the affordable way to keep your fridge stocked with fruits and vegetables that are good for you, good for your family and good for your community. Choose between a weekly, bi-weekly or monthly subscription for grocery deliveries.	<p>Contact: <ul style="list-style-type: none"> 416-363-6441 x276 </p> <p>Website: <ul style="list-style-type: none"> goodfoodbox.foodshare.net </p>
Find a Food Bank Anywhere in Canada	The Food Banks Canada network is made up of Provincial Associations and their approximately 650 affiliated food banks.	<p>Website: <ul style="list-style-type: none"> foodbankscanada.ca/utility-pages/find-a-food-bank.aspx </p>

INDIGENOUS STUDENTS RESOURCES

Resources in this section are specific to Indigenous students.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Circle of First Nations, Inuit and Métis Students	A national voice for Indigenous Post-Secondary Students.	Location: University of Toronto Mississauga Campus, William Davis Building, Room 2077. Contact: <ul style="list-style-type: none"> • circlerep@cfs-fcee.ca
Indigenous Centre (IC)	The IC works to support the UTM community indigenous community as well as inspire future Indigenous students to a welcoming and inclusive UTM. The IC offers a variety of services including, but not limited to, monthly learning circles, and can speak at class lectures as well as provide curriculum resource support.	Location: <ul style="list-style-type: none"> • University of Toronto Mississauga Campus, William Davis Building, Room 3253. Contact: <ul style="list-style-type: none"> • Tee Duke (Assistant Director, Indigenous Initiatives) tee.duke@utoronto.ca • 905-828-5437
Anishnawbe Health Toronto	They focus on how to improve the health and well-being of Aboriginal People in spirit, mind, emotion and body by providing Traditional Healing within a multi-disciplinary health care model.	Location: <ul style="list-style-type: none"> • 225 Queen St E, Toronto, ON. Contact: <ul style="list-style-type: none"> • info@aht.ca • 905-828-5437 Mental Health Crisis Line Contact: <ul style="list-style-type: none"> • Phone: 416-360-0486 • Fax: 416-365-1083

INTERNATIONAL STUDENTS RESOURCES

Resources in this section are specific to International students.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
International Education Centre (IEC)	The IEC can help students with issues such as: <ul style="list-style-type: none"> • Locating Citizenship and Immigration Canada websites for information related to immigration programs and immigration application forms; • Finding an authorized immigration representative; • Questions related to your University Health Insurance Plan (UHIP) coverage; • Providing information and support related to UofT study abroad opportunities; • Accessing Service Canada resources, such as: Social Insurance Number (SIN), Individual Tax Number (ITN), etc; • Cultural transition support; • English as a Second Language (ESL) conversation skill development. 	<p>Location: University of Toronto Mississauga Campus, William Davis Building, Room 2071.</p> <p>Contact:</p> <ul style="list-style-type: none"> • international.utm@utoronto.ca • 905-569-4716 <p>Website:</p> <ul style="list-style-type: none"> • utm.utoronto.ca/international
Department of Student Housing & Residence Life	The department aims to create a holistic student experience that promotes academic and personal success. It provides facilities that are safe & secure, well-maintained, and competitively priced in an effort to foster a supportive community that values diversity, equity and inclusion. The department runs the Academic Culture and English Program (ACE@UTM) a program designed for students who received a conditional offer to UTM, and are required to satisfy their English Language Requirements.	<p>Contact:</p> <ul style="list-style-type: none"> • resdesk.utm@utoronto.ca • 905-569-4455 <p>Website:</p> <ul style="list-style-type: none"> • utm.utoronto.ca/housing/welcome-student-housing-residence-life
Centre for International Experience (CIE)	The CIE is the campus hub for international students and domestic students seeking international experience. It provides a wide array of services on topics unique to international students: Canadian study and work permits, health insurance in Ontario, learning and language support, income taxes, and other information about how to build community and succeed in Canadian campus life. In addition, CIE enables global learning for all students through study, research, and internship opportunities. International experience awards are also available.	<p>Location: Cumberland House 33 St. George Street Toronto, ON M5S 2E3.</p> <p>Contact:</p> <ul style="list-style-type: none"> • cie.information@utoronto.ca • 416-978-2564 <p>Website:</p> <ul style="list-style-type: none"> • cie.utoronto.ca
Migrant Workers Alliance for Change (MWAC)	The MWAC is Canada's largest coalition of self-organized groups of migrant workers, with the support of grassroots organizations, unions, faith groups, activists, and researchers that have come together to fight for justice and dignity for migrant workers. MWAC supports migrant workers and migrant worker led organizations; developing innovative policy solutions; training service providers and coordinating federal and provincial campaigns.	<p>Location: 720 Spadina Avenue Suite 223, Toronto, Ontario M5S 2T9.</p> <p>Contact:</p> <ul style="list-style-type: none"> • info@migrantworkersalliance.org • 1-855-567-4722 <p>Website:</p> <ul style="list-style-type: none"> • migrantworkersalliance.org

LEGAL RESOURCES

Resources in this section are specific to students who need legal assistance.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Downtown Legal Services	Downtown Legal Services is both a community legal clinic and a clinical education program, operated by the Faculty of Law at the University of Toronto. Their free services are provided by law students, who work under the close supervision of their expert staff lawyers.	Contact: <ul style="list-style-type: none"> downtownlegalservices.ca
Barbara Schlifer Commemorative Clinic	The Schlifer Clinic offers legal, counselling and interpretation services to marginalized populations of women who have survived violence. Their experienced lawyers, counsellors and interpreters have years of training, come from a range of backgrounds, and have helped women from many diverse communities in many kinds of situations.	Website: <ul style="list-style-type: none"> schliferclinic.com
Family Service Toronto	Family Service Toronto works with individuals and families in Toronto, destabilized by precarious socio-economic circumstances and/or mental health, to achieve greater resilience and stability in more just and supportive communities.	Website: <ul style="list-style-type: none"> familyserVICEToronto.org
Family Services of Peel	As a multi-service agency, they provide professional counselling, educational programs, employment support services, support for people with developmental disabilities and their families, as well as support for victims of violence and abuse.	Website: <ul style="list-style-type: none"> fspeel.org
Steps to Justice	This site contains general legal information for Ontario, Canada. It is not intended to be used as legal advice for a specific legal problem.	Website: <ul style="list-style-type: none"> stepstojustice.ca
Legal clinics in Ontario	Resource to find Legal Clinics near you.	Website: <ul style="list-style-type: none"> youthline.ca
Ontario Women's Justice Network	OWJN tries to help survivors of violence and their supporters better understand legal rights in Ontario. We do not give legal advice. The website offers accessible legal information in a way that reflects the diverse experiences and realities of women.	Website: <ul style="list-style-type: none"> owjn.org

LGBTQIA2S+ STUDENT RESOURCES

Resources in this section are specific to students who identify as LGBTQIA2S+.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Sexual & Gender Diversity Office (SGDO)	The SGDO develops partnerships to build supportive learning and working communities at the UofT by working towards equity and challenging discrimination. The Office provides innovative education, programming, resources and advocacy on sexual and gender diversity for students, staff, and faculty across the University's three campuses.	Location: <ul style="list-style-type: none"> 21 Sussex Avenue, Suites 416-417, Toronto, Ontario Contact: <ul style="list-style-type: none"> sgdo@utoronto.ca 416-946-5624
Trans LifeLine	Trans Lifeline is a grassroots hotline and microgrants non-profit organization offering direct emotional and financial support to trans people in crisis - for the trans community, by the trans community.	Contact: <ul style="list-style-type: none"> contact@translifeline.org 1-877-330-6366 Website: <ul style="list-style-type: none"> translifeline.org
QTBIPOC Sauga	QTBIPOC sauga was created in response to the serious lack in spaces for queer and trans Black, Indigenous and People of Colour in Peel. They host a community-driven informal meetup every month in central Mississauga, meetups in Brampton, collaborative events, and do advocacy.	Contact: <ul style="list-style-type: none"> qtbipcsauga@gmail.com 416-993-4221 Website: <ul style="list-style-type: none"> qtbipocsauga.ca
Rainbow Health Ontario (RHO)	The RHO is a province-wide program of Sherbourne Health designed to improve access to services and to promote the health of Ontario's lesbian, gay, bisexual, trans, and queer (LGBTQIA2S+) communities.	Contact: <ul style="list-style-type: none"> info@rainbowhealthontario.ca 416-324-4100 Website: <ul style="list-style-type: none"> rainbowhealthontario.ca
The 519	The 519 is committed to the health, happiness and full participation of the LGBTQIA2S+ communities. A City of Toronto agency with an innovative model of Service, Space and Leadership, we strive to make a real difference in people's lives, while working to promote inclusion, understanding and respect.	Contact: <ul style="list-style-type: none"> info@The519.org 416-392-6874 Website: <ul style="list-style-type: none"> the519.org
Lesbian Gay Bi Trans Youth Line	Youth Line offers toll-free Ontario-wide peer-support phone line (and TTY) for lesbian, gay, bisexual, transgender, transsexual, 2-spirited, queer and questioning young people. Operations are offered from Sunday - Friday from 4 p.m. to 9:30 p.m.	Contact: <ul style="list-style-type: none"> 416-962-9688 Website: <ul style="list-style-type: none"> youthline.ca
Art Reach	ArtReach supports young people in creating and delivering community-based projects that address social issues and help to build vibrant communities. This has been carried out through training and professional development workshops, the provision of funds to create and implement community projects, and access to a support network that offers mentorship and connections.	Contact: <ul style="list-style-type: none"> info@artreach.org 647-660-5371 Website: <ul style="list-style-type: none"> artreach.org/lgbtqresources

● Campus Group ● Internal Resource (UofT) ● External Resource

EXTERNAL MENTAL HEALTH RESOURCES

Resources in this section are specific to victims of sexual assault, LGBTQIA+ folks, and those needing multilingual support. If you are in danger, call 911 immediately. If you are on campus with an emergency, call UTM Campus Police 905-828-5200.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Spectra Helpline	This organization assists people in the Peel Region. They offer 24-hour, anonymous and confidential distress and emotional support lines for anyone who needs a caring, compassionate, and non-judgmental listening ear.	Multilingual Distress Lines: <ul style="list-style-type: none"> Brampton & Mississauga: 905-459-7777 Caledon: 1-877-298-5444 TTY: 905-278-4890 Website: <ul style="list-style-type: none"> spectrahelpline.org
Distress Centres of Greater Toronto	The Distress Centres of Greater Toronto offers confidential support and referrals provided by volunteers 24 hours a day. Interpreters for callers in crisis are available in 151 languages. TTY service available for the hearing impaired.	Contact: <ul style="list-style-type: none"> GTA: 416-408-4357 Peel: 905-459-7777 Website: <ul style="list-style-type: none"> dcogt.com
Lesbian Gay Bi Trans Youth Line	Youth Line offers toll-free Ontario-wide peer-support phone line (and TTY) for lesbian, gay, bisexual, transgender, transsexual, 2-spirited, queer and questioning young people. Operations are offered from Sunday - Friday from 4 p.m. to 9:30 p.m.	Contact: <ul style="list-style-type: none"> 416-962-9688 Website: <ul style="list-style-type: none"> youthline.ca
Interim Place (women's shelter & crisis)	The Interim Place provides support for people who are physically, verbally, emotionally, or sexually abused. If you are a woman with or without children who requires emergency shelter, If you are concerned about a friend, and/or If you are a woman in crisis and need help the Interim Place may be able to provide support.	24 Hour Crisis Lines: <ul style="list-style-type: none"> Telephone: 905-403-0864 TTY: 905-403-0453 Contact: <ul style="list-style-type: none"> Telephone: 905-676-8515 TTY: 905-676-0284 Toll free: 1-855-676-8515 Website: <ul style="list-style-type: none"> interimplace.com
Hope 24/7	The organization offers a 24-hour crisis line, online chat and in-person counselling and support, referrals, as well as information about sexual abuse and assault.	Contact: <ul style="list-style-type: none"> Toll free: 1-800-810-0180 Website: <ul style="list-style-type: none"> hope247.ca

MENTAL HEALTH AND SEXUAL VIOLENCE SUPPORT RESOURCES

Resources in this section are specific to and pertaining to POC and female-identifying students.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
U of T My Student Support Program (MySSP): Confidential multilingual counselling support	MySSP provides U of T international students with immediate and/or ongoing confidential, 24-hour support at no cost. Students can call or chat with a counsellor directly from their phone whenever, wherever they are. This service is offered in various languages.	Contact: <ul style="list-style-type: none"> 1-844-451-9700 Outside of North America: 001-416-380-6578 Website: <ul style="list-style-type: none"> uoft.me/myssp
Interim Place (women's shelter & crisis)	The Interim Place provides support for people who are physically, verbally, emotionally, or sexually abused. If you are a woman with or without children who requires emergency shelter, If you are concerned about a friend, and/or If you are a woman in crisis and need help the Interim Place may be able to provide support.	24 Hour Crisis Lines: <ul style="list-style-type: none"> Telephone: 905-403-0864 TTY: 905-403-0453 Contact: <ul style="list-style-type: none"> Telephone: 905-676-8515 TTY: 905-676-0284 Toll free: 1-855-676-8515 Website: <ul style="list-style-type: none"> interimplace.com
Assaulted Women's Helpline	The organization offers 24-hour telephone and TTY (teletypewriter) crisis line to all women who have experienced abuse. Counselling, emotional support, information, and referrals are provided to women who have experienced abuse as well as their friends and family members.	Contact: <ul style="list-style-type: none"> General: 416-863-0511 TTY: 1-866-863-7868 #SAFE (#7233) Website: <ul style="list-style-type: none"> stepstojustice.ca/organization/assaulted-womens-helpline
Sexual Violence Prevention & Support Centre (UTM)	The Sexual Violence Prevention and Support Centre provides support for students, staff, and faculty at the University of Toronto who have been affected by sexual violence or sexual harassment.	Location: University of Toronto Mississauga Campus, William Davis Building, Room 3094G Contact: <ul style="list-style-type: none"> General Inquiries, svpscentre@utoronto.ca 416-978-2266 Website: <ul style="list-style-type: none"> antiracism.utoronto.ca
Trillium Health Centre - Sexual Assault and Domestic Violence Services	They provide sexual assault and domestic violence services to all. Safety, physical comfort, and privacy is their priority. They provide services 24 hours a day, 7 days a week at Chantel's Place. If you have been sexually assaulted within the last 168 hours (7 days), please go to THC-SADVS, accessed through the Mississauga Hospital Emergency Department.	Contact: <ul style="list-style-type: none"> 905-848-7493 Website: <ul style="list-style-type: none"> trilliumhealthpartners.ca/patientservices/Womens-Services/SexualAssault-DomesticViolence/

● Campus Group ● Internal Resource (UofT) ● External Resource

MENTAL HEALTH AND SEXUAL VIOLENCE SUPPORT RESOURCES

Resources in this section are specific to and pertaining to POC and female-identifying students.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Gerstein Crisis Centre	<ul style="list-style-type: none"> 24-hour community-based crisis services for adults 16+ in the City of Toronto who are dealing with mental health, concurrent, or substance use issues and are currently in crisis. Telephone crisis line, mobile crisis team, community-based crisis beds, short term follow-up support, and referrals to other beneficial health and social services. Free, confidential, and either complement or provide an alternative to medically-based services. 	Contact: <ul style="list-style-type: none"> 416-929-5200 Website: <ul style="list-style-type: none"> gersteincentre.org/our-crisis-services
Victim Services of Peel	They provide assistance to people across Brampton and Mississauga who are victims of domestic abuse or traumatic events such as sexual assault, sudden death, and armed robberies. They offer healing through counselling and advocacy, and hope to prevent re-victimization through education and support.	Contact: <ul style="list-style-type: none"> 905-568-1068 Website: <ul style="list-style-type: none"> vspeel.org
Mental Health Services for Children and Youth under 25	Resources for Youth under 25.	Website: <ul style="list-style-type: none"> www.ontario.ca/page/mental-health-services-children-and-youth

MIDDLE EASTERN STUDENT RESOURCES

Resources in this section are specific to students of Middle Eastern descent.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Afghan Student Association	The Afghan Student Association aims to promote academic freedom, student rights and equity by providing a safe space for the expression of the social, political, and cultural ideas, concerns and issues of Afghan students at UTM.	Contact: • asautm@utmsu.ca
Middle Eastern Student Association (MESA)	MESA strives to bring the Middle Eastern community alive and closer together.	Contact: • mesa@utmsu.ca
UTM Syria	UTM Syrian is a cultural club aimed at creating awareness of the Syrian culture on campus. It is a non-political club that is not associated with any religious party.	Contact: • syria@utmsu.ca
Association of Palestinian Students (APS)	The Association of Palestinian Students is a humanitarian organization that focuses on the historical and cultural aspects of Palestine. APS aims to educate students about the culture, history, and struggle of the Palestinian people by hosting educational and cultural events designed to raising awareness.	Contact: • palestine@utmsu.ca

RELIGIOUS STUDENTS RESOURCES

Resources in this section are for all students who practice or interested in exploring their faith further.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Interfaith	Interfaith manages major religious observances, accommodations for religious observances. As well as spiritual and faith-based groups, multifaith spaces, and other services.	Location: University of Toronto Mississauga Campus, William Davis Building, Room 2077. Contact: <ul style="list-style-type: none"> sako.khederlarian@utoronto.ca 905-828-3962
UTM Multi-Faith Spaces	The University of Toronto provides facilities for members of all faith communities to practice their religion, their traditions and rituals and is accommodating a diversity of faith-based and spiritual practices. There are various spaces across all three campuses. If you are a Ulife recognized student organization you are able to book space at UTM that can be used as a spiritual gathering place.	Multi-faith Locations: <ul style="list-style-type: none"> Student Centre Prayer Room in CCT – 2nd floor Reflecting Pond in Roy Ivor Hall Residence Deerfield Hall Reflection Bays Contact: <ul style="list-style-type: none"> vpequity@utmsu.ca
University Chaplains	The Multi-faith Centre maintains a partnership with the Campus Chaplains Association and offers a directory of campus chaplains to help students and chaplains connect with one another.	Website: <ul style="list-style-type: none"> studentlife.utoronto.ca/department/multi-faith-centre

Resources in this section are specific to students who are Christian.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Baptist Students Ministries	A Christian student organization designed to lift up the name of Jesus Christ on campus, provide discipleship growth, develop leadership skills and participate in God's worldwide purposes	Contact: <ul style="list-style-type: none"> asautm@utmsu.ca
Christian Unity Association	The Christian Unity Association's purpose is to ensure unity among the Christian clubs on campus, aiming to be a source of support to the different ministries/fellowships.	Contact: <ul style="list-style-type: none"> christian.unity@utmsu.ca
UTM Campus Christian Fellowship	This club is a supportive fellowship that focuses on building relationships, creating community, and celebrating their faith.	Contact: <ul style="list-style-type: none"> ccf@utmsu.ca
UTM Mandarin International Students Christian Fellowship	This Campus group assists Mandarin-speaking christians to have a regular fellowship at campus and deepen their spiritual lives while creating community	Contact: <ul style="list-style-type: none"> miscf@utmsu.ca

RELIGIOUS STUDENTS RESOURCES

Resources in this section are specific to students who are Catholic.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
UTM Catholic Student Club	The UTM Catholic Chaplaincy aims to provide a supportive community for students seeking to live out their Catholic faith on campus.	Contact: • csc@utmsu.ca
Catholic Cross-Cultural Services	CCS aims to empower immigrants and refugees to develop the skills and acquire the necessary knowledge to settle, integrate and succeed in Canada.	Contact: • Mississauga Contact: • 905-272-1703 • Brampton Contact: • 905-457-7740
Catholic Family Services	Catholic Family Services Peel-Dufferin (CFSPD) is a multi-service counselling agency that has been providing services in the Region of Peel since 1981.	Contact: • Mississauga Contact: • 905-897-1644 • Brampton Contact: • 905-450-1608

Resources in this section are specific to students who are Muslim.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
Muslim Community Services	MCS is a group of diverse professionals dedicated to enhancing newcomer community engagement. An organization to serve and work with newcomers to facilitate their settlement and integration into Canada.	Contact: • Mississauga Contact: • 905-828-2001 • Brampton Contact: • 905-790-1910
Muslim Students' Association	The aim and purpose of the Muslim Students' Association is to serve the best interest of the Muslims at the University of Toronto at Mississauga, to provide support for their membership and an avenue for all students of UTM to engage with Muslims.	Contact: • msa@utmsu.ca Website: • utmmsa.org
Ahlulbayt Students' Association (Shia Muslims)	The Students' Association is for Shia Muslim students to come together to revive, preserve, and spread their faith.	Contact: • ahlulbaytassociation@utmsu.ca

Resources in this section are specific to students who are Sikh.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
University of Toronto Mississauga's Sikh Student Association (SSA)	The purpose of this club is to provide a safe environment to encourage the discussion and awareness of Sikhism and its history at the University of Toronto Mississauga Campus. The University of Toronto Mississauga's Sikh Student Association aims to teach students about the Sikh religion and its culture through various events.	Contact: • ssa@utmsu.ca

● Campus Group ● Internal Resource (UofT) ● External Resource

SUSTAINABILITY RESOURCES

Resources in this section are specific to students interested in sustainability efforts.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
UTM Sustainability Office	The Sustainability Office at the University of Toronto, Mississauga (UTM) is responsible for promoting and maintaining a broad range of sustainability initiatives through the engagement of the UTM community.	Contact: • sustainability.fmp@utoronto.ca
University of Toronto's Environmental Resource Network (UTERN)	The UTERN is a levy group that operates as a funding body and networking hub for any person, group or club within the university community interested in sustainability and environmentalism on campus. UTERN membership is open to all students, faculty and alumni across all U of T campuses.	Contact: • utern.toronto@gmail.com
Student Association for Geography and Environment (SAGE)	SAGE is a student society which hosts a variety of academic events geared towards supplementing students' learning experiences and ensuring their academic success.	Contact: • sage@utmsu.ca
Erindale Biology Society (EBS)	EBS is an academic society led by students at the University of Toronto Mississauga. EBS is dedicated to support students in the field of Biology and provide resources such as Mentorship programs, opportunities within biology through its multitude of different events.	Contact: • biology@utmsu.ca
Zero Waste UTM	This campus group encourages environmentalism and promotes a Zero Waste lifestyle at UTM.	Contact: • zerowasteutm@utmsu.ca

WOMEN IDENTIFYING RESOURCES

Resources in this section are specific to students who identify as women.

RESOURCE	DESCRIPTION	CONTACT INFORMATION
The UTM Women's Centre	The UTM Women's Centre is a non-profit organization located on campus. Their mandate is to increase student awareness on issues pertaining to contemporary women at both a local and global level. The centre offers various events and educational workshops available to staff and students throughout the school year. The centre is an excellent place to hear about upcoming events that relate to women's issues both on campus and in the community.	Contact: <ul style="list-style-type: none"> • utmwomenscentre@gmail.com • 905-569-4605 Website: <ul style="list-style-type: none"> • www.cafcan.org
Boss Women UTM	This club works to empower women through success stories, networking, and raising awareness through education.	Contact: <ul style="list-style-type: none"> • bw@utmsu.ca
Women in Science and Computing (WiSC)	The Women in Science and Computing club (WiSC) aspires to provide a supportive community for students pursuing careers in STEM by creating opportunities for students of all genders to enhance their professional and personal development, and find peers who will support them on this path. Their goal is to start a conversation on equity, diversity, and inclusion in STEM and provide opportunities for minorities in STEM to flourish.	Contact: <ul style="list-style-type: none"> • wisac@utmsu.ca
University of Toronto Mississauga Women and Gender Equity Centre (UTMWGEC)	The UTMWGEC strives to make campus safer and more accessible for all people of the two-spirit and LGBTQ+ community. From tea to tampons, they offer a variety of resources to help students get through those tough days.	Location: <ul style="list-style-type: none"> • Maanjiwe Nendamowinan Building, 1535 Outer Circle, Room 2285, Mississauga, ON L5L 1C6 Contact: <ul style="list-style-type: none"> • utmwgrec.logistics@gmail.com Website: <ul style="list-style-type: none"> • utmwgrec.weebly.com
Rexdale Women's Centre	They are committed to working with clients to be self-sufficient and financially secure. Clients will live happy, safe, healthy and socially engaged lives in which they are honoured and respected for who they are regardless of their background.	Contact: <ul style="list-style-type: none"> • 416-745-0062 Website: <ul style="list-style-type: none"> • rexdalewomen.org

